

## Chapter Seven

### Suppression Versus Elimination



y claim that the conventional treatment of acute diseases is suppressive and not curative will probably be denied by my medical colleagues. They will maintain that their methods also are calculated to eliminate morbid matter and disease germs from the system.

But what are the facts in actual practice? Is it not true that preparations of mercury, lead, zinc and other powerful poisons [and now cortisone compounds] are constantly used to suppress skin eruptions, boils, abscesses, etc., instead of allowing Nature to rid the system through these skin diseases of scrofulous, venereal and psoric taints?

Some time ago Dr. Wiley,<sup>1</sup> the former Government Chemist, published the ingredients of a number of popular remedies for colds, coughs and catarrh. Every one of them contained some powerful opiate or astringent. These poisonous drugs relieve the cough and the catarrhal conditions by paralyzing the eliminative activity of the membranous linings of the nasal passages, the bronchi and lungs, the digestive and genitourinary organs; but in doing

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<sup>1</sup>Dr. Wiley was later to found the Food and Drug Administration, designed to protect the American public from poisoned food and dangerous drugs. However, the large drug companies of that day soon found ways to remove Dr. Wiley when it became clear that he stood in the path of their profits. Dr. Wiley wrote a book entitled, *The History of a Crime against the Food Law, The amazing story of the National Food and Drugs Law intended to protect the health of the people, perverted to protect adulteration of foods and drugs*. This book exposed the drug company shenanigans, but it has been suppressed by the large drug cartels and the honest and brave Dr. Wiley has been vilified ever since.

so, they throw back into the system the morbid matter which Nature is trying to get rid of, and add drug poisons to disease poisons.

Equally harmful is suppression by means of the surgeon's knife. It may be a quicker and apparently more effective process to remove the inflamed appendix or the diseased tonsils than to cure them by building up the blood and inducing elimination of systemic poisons by natural methods. But operative treatment is not eliminative. It does not remove from the system the original cause of the inflammation or deterioration of tissues and organs, but it does remove the outlet which Nature had established for the escape of morbid materials.

These morbid encumbrances, forcibly retained in the body, weaken and destroy other parts and organs, or affect the general health of the patient.

My own observations during nearly fifteen years of practical experience, confirmed by many other conscientious observers among Nature Cure practitioners as well as physicians of other schools and of allopathy itself, prove positively that the average length of life after a major operation, performed on important, vital parts and organs, is less than ten years, and that after such an operation the general health of the patient is in the great majority of cases not as good as before.<sup>2</sup>

In the following paragraphs are mentioned some very common instances of suppression and some of their usual chronic aftereffects (sequelae).

[The following examples of treatments were used in the early days of this century. Some are still in use. Some have been replaced by man-made drugs. However, the basic paradigm of the suppression of the acute disease is still employed by the vast majority of the "Old School."]

Diarrhea is suppressed with laudanum and other opiates, which paralyze the peristaltic action of the bowels and, if repeated, soon produce chronic constipation. Gonorrheal discharges and syphi-

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<sup>2</sup> This is not true today since we have many more ways of keeping people alive. But that does not mean that surgery is an answer to most problems. Very few parts of the body are superfluous and so even in this day and age one should explore all avenues of conservative treatment before allowing the removal of a God-given organ or part.

litic ulcers are checked and suppressed by local injections, cauterization and by prescriptions containing mercury, iodine and other poisonous alternatives which effectually prevent Nature's efforts to eliminate the venereal poisons from the system.

All feverish diseases are more or less interfered with or suppressed by antiseptics, antipyretics, serums and antitoxins. The best books on *Materia Medica* and the professors in the colleges teach that these remedies lower the fever because they are "protoplasmic poisons"; because they paralyze the red and white blood corpuscles, benumb heart action and respiration, and depress all vital functions.

Nervousness, sleeplessness and pain are suppressed by sedatives, opiates and hypnotics. Every one of the drugs used for such purposes is a powerful poison which paralyzes brain and nerve action, in that way interfering with Nature's healing efforts and frequently preventing the consummation of beneficial healing crises.

Epileptic attacks and other forms of convulsions are suppressed, but never cured, by bromides which benumb and paralyze the brain and nerve centers. All that these sedatives accomplish is to produce in the course of time idiocy and the different forms of paralysis and premature senility. However, is he not considered the best doctor who can most promptly produce these and many similar deceptive results through artificial inhibition or stimulation by means of the most virulent poisons found on earth?

Dandruff and falling hair are caused by the elimination of systemic poisons through the scalp. The thing to do, therefore, is not to suppress this elimination and thereby cause the accumulation of poisons in the brain, but to stop the manufacture of poison in the body and to promote its removal through the natural channels. Dandruff cures and hair tonics contain glycerine, poisonous antiseptics and stimulants which are absorbed by scalp and brain, causing dizziness, headaches, loss of memory, neurasthenia, deafness, weakness of sight, etc.

Head lice and similar parasites peculiar to other parts of the body live on scrofulous and psoriotic taints. When these are consumed, the lice depart as they came, no one knows whence or whither. This is confirmed by the fact that these noxious pests do not remain with all people who have been exposed to them, but only

with those whose internal or external filth conditions furnish the parasites with the means of subsistence.

In a number of instances we have seen “healing crises” take the form of lice. At that time the patients were living in the most clean surroundings, taking different forms of water treatment every day and infection was practically impossible.

These people invariably recalled that they had been infested with parasites at some previous time, and that strong antiseptics, mercurial salves, or other means of suppression had been applied. We prescribe for the removal of lice only cold water and the comb. Even antiseptic soaps should be avoided.

### The Results of Suppression of Children’s Diseases

Sycotic eruptions on the heads and bodies of infants, also called milk scurf, if suppressed by salves, cream, unsalted butter or merely by warm bathing, are often followed by chorea (St. Vitus’ dance), epilepsy, a scrofulous constitution and in later life by tuberculosis.

Measles, scarlet fever, diphtheria, spinal meningitis and other febrile diseases of childhood, if properly treated by natural methods, are curative or at least corrective in their effects on the system, and represent well-defined, orderly natural processes for the elimination of inherited or acquired disease taints, drug poisons, etc. But if arrested or suppressed before they have run their natural course, before Nature has had time to reestablish normal conditions, then the abnormal condition becomes fixed and permanent (chronic).<sup>3</sup>

In addition to this, the poisons and serums employed to arrest the disease process very often affect vital parts and organs permanently, causing the gradual deterioration of cells and tissues, and paving the way for tuberculosis, chronic affection of the kidneys, cancer, etc., in later years.

These self-evident facts, which can be verified by any unpreju-

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<sup>3</sup>This entire concept is alien to most of us today. We attempt to prevent these diseases by immunization. But by so doing we prevent the body from using the “disease” as method for eliminating hereditary and congenital morbid matter from the child. As a doctor who deals with such children on a daily basis, I have seen the effects of this change in our children and it is not good. The active disease processes that used to help the child eliminate inborn weaknesses have now been thwarted and these children are developing a wide variety of conditions that were never a part of childhood in my early days as a physician.

diced observer, account for the “mysterious sequelae” of drug- and serum-treated acute diseases, which never occur where natural methods of healing have been correctly employed. Some of these chronic aftereffects are deafness, blindness, heart and kidney diseases, nervous affections, idiocy, infantile paralysis, etc. These are merely a few ordinary examples of the results of suppression. They could be multiplied a hundred fold, yet medical science assures us that the causes of cancer and other malignant diseases are unknown.

[Today the main suppressors of childhood diseases are antibiotics. By the use of these drugs, the medical world has been able to prevent our children’s bodies from creating the needed antibodies for a strong immune system. By the use of the various antibiotics, bacterial infections are never allowed to run their natural course and thereby stimulate the immune system to develop the needed ability to fend off later diseases. What usually happens is that a child is placed on antibiotics time after time until the body finally gives up, no longer attempts the acute healing and allows the destructive material, that the acute infection was supposed to eliminate, to accumulate in the body. This, as Dr. Lindlahr so eloquently explains, is the nidus for many of the chronic diseases the child will develop later in life.]

### Suppression, the Cause of Chronic Diseases

The primary cause of disease is violation of Nature’s Laws. Civilization has largely stood for artificiality of life and for unnatural habits. A higher civilization, yet to come, will combine the most exquisite culture of heart and mind with true simplicity and naturalness of living. Excessive meat eating, strong spices and condiments, alcohol, coffee, tea, overwork, night work, fear, worry, sensuality, corsets, high heels, foul air, improper breathing, lack of exercise, loveless marriages, race suicide, all of these and many other evils of hypercivilization have contributed their share in creating the universal degeneracy of civilized nations.

When the unnatural habits of life alluded to have lowered the vitality and favored the accumulation of waste matter and poisons to such an extent that the sluggish bowels, kidneys, skin and the other organs of elimination are unable to keep a clean house, Nature has to resort to other, more radical means of purification or we

should choke in our own impurities. These forcible housecleanings of Nature are colds, catarrh, skin eruptions, diarrheas, boils, ulcers, abnormal perspiration, hemorrhages and many other forms of inflammatory febrile diseases.

Sulphur and mercury may drive back the skin eruptions, antipyretics and antiseptics may suppress fever and catarrh. The patient and the doctor may congratulate themselves on a speedy cure; but what is the true state of affairs? Nature has been thwarted in her work of healing and cleansing. She had to give up the fight against disease matter in order to combat the more potent poisons of mercury, quinine, iodine, strychnine, etc. The disease matter is still in the system, plus the drug poison.

Proof positive of the retention of drug poisons in the organism is furnished by the Diagnosis from the Eye. This will be explained more fully in another chapter.

When vitality has been sufficiently restored, Nature may make another attempt at purification, this time, possibly, in another direction; but again her well-meant efforts are defeated. This process of suppression is repeated over and over again until blood and tissues become so loaded with waste material and poisons that the healing forces of the organism can no longer react against them by acute diseases. Then results the chronic condition, which in the vocabulary of the "Old School" of medicine is only another name for incurable disease.

The more skilled the allopathic school becomes in the suppression and prevention of acute diseases by drugs, knife, x-rays, serums, vaccination virus, etc., the greater will be the increase of chronic dyspepsia, nervous prostration, insanity, locomotor ataxy, paresis, cancer, secondary and tertiary syphilis, tuberculosis and many other so-called incurable diseases. Thus, the standard medical practice is self-supporting; the treatment of acute conditions assuring a lifelong supply of chronic conditions for the doctor to treat.

Suppression of acute diseases, by drugs and knife, is the all-important factor in the creation of malignant diseases. These statements may seem exaggerated; but allow me to cite a few typical cases of suppression and their effects upon the system from our daily practice.

Paresis, locomotor ataxy and paralysis agitans are not, as is usually assumed, due to secondary and tertiary syphilis, but to the

mercury administered for the cure of luetic and other diseases. In less than six months' time we cure the so-called specific diseases by our natural methods, provided they are not suppressed and complicated by mercury, iodine or other poisonous drugs. We never interfere with the original lesion, but allow Nature to discharge the poisons through the channels established for this purpose.

Under this rational treatment, discharge and ulcer act as funnels to the system. Not only the specific poison, but much of hereditary and acquired disease matter also are eliminated in the process; and after such a cure, blood and tissues of the patient are purer than they were before infection.

The foregoing statement has nothing to do with the moral aspects involved in acquiring venereal diseases. In this connection we are dealing solely with the rational or irrational treatment of the infection after it has been contracted. We do not wish to intimate that it is advisable to cure the body by killing the soul.

Nevertheless, we must deal with the facts in Nature as we find them. Furthermore, a great many persons, especially women and children, acquire these diseases innocently. Are we not justified in relieving their minds of needless fear and in showing them the way to prevent the dreadful sufferings of the secondary and tertiary stages brought on by suppressive drug treatment by means of mercury, the iodides, "606,"<sup>4</sup> etc.?

These poisonous drugs suppress the initial lesion and diffuse the disease poison through the system. Nature takes up the work of elimination by means of skin eruptions and ulcers in various parts of the body, but these also are promptly suppressed with mercurial ointments and other alternatives. This process of suppression is continued for months and years, until the organism is so thoroughly saturated with alterative poisons that vital force can no longer react by acute reactions against the original syphilitic poisons. This state of vital paralysis is then called a cure.

The medical professor, however, knows better. He instructs the students from the lecture platform: "When, after two or three years

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<sup>4</sup> "606" was the name first given to the early venereal drug Salvasan (arsphenamine). "606" was so named because it came from the six-hundred and sixth experiment tried by Dr. Paul Ehrlich, the German bacteriologist, to create an antisyphilis drug.

of mercurial treatment, syphilitic symptoms cease to appear, you may permit the patient to marry—but never guarantee a cure.”

Why not? Because the professor is aware that the offspring of such a union are born with hereditary symptoms well known to every physician, and because the patient thus cured (?) may turn up in the doctor’s office at any time thereafter with a hole in his palate, ulcers on his body, caries of the bones or with other secondary and tertiary symptoms.<sup>5</sup>

Mercury has an especial affinity for the bony structures. It will work its way through the vertebrae of the spine and the bones of the skull into the nerve matter of the brain and spinal cord, causing inflammation, excruciating headaches, nervous symptoms, girdle pains, etc. These stages of acute inflammation are followed in a few years by sclerosis (hardening) of nerve matter and blood vessels, resulting in paresis, locomotor ataxy or paralysis agitans.

Neither is it necessary to contract specific diseases in order to fall a victim to these dreadful conditions: mercury, iodine and other destructive alternatives are given in a hundred different forms for a multitude of other ailments.

A few years ago we had under our care a patient in the last stages of locomotor ataxy, who for years had been suffering the tortures of the damned. There had never been a taint of specific disease in her system, but four different times in her life she had been salivated by calomel (a common laxative containing mercury). This dreadful poison was given to her in large doses for the cure of liver trouble and constipation. She was only fourteen years old when, on account of this, she first suffered from acute mercurial poisoning.

Another patient who, after fifteen years of slow and torturous dying by inches, succumbed to the same disease, absorbed the mercurial poison in his boyhood days while attending a boarding school. He was twice salivated by mercurial ointments applied to cure the itch (scabies), a disease which was epidemic at times among the boys. He likewise never had a syphilitic disease.

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<sup>5</sup> While the drugs used in the early part of this century to treat venereal disease are no longer in favor and the antibiotics have been successful in seeming to end the reign of syphilis and gonorrhea, we do have AIDS, Chlamydia and genital herpes to contend with. The methods used to treat these are still not very successful and even here the old Nature Cure philosophy is effective since the principles are those of Nature itself.

A young man, insane at the age of thirty, absorbed the infernal poison when four years of age. He had at the time a psoric skin eruption, but the family physician suspected syphilitic infection from the nurse girl and kept the child under mercury for six months. How do we know that the diagnosis of syphilis was false? Because the iris of the eye revealed "psora" as the cause of the suspicious eruption which reappeared several times later in life, and because the servant girl was afterwards absolutely exonerated by competent physicians.

### Proofs by the Diagnosis from the Eye

We have treated many hundreds of cases of so-called chronic neuralgia, neuritis, rheumatism, neurasthenia, epilepsy and idiocy, due to the pernicious effects of quinine, iodine, arsenic, strychnine, coal-tar products and other virulent poisons taken under the guise of medicine.

#### How do we know that this is so?

- (a) Because the Diagnosis from the Eye plainly reveals the presence of these poisons in the system.
- (b) Because the drug signs in the eye are accompanied by the symptoms of these poisons in the system.
- (c) Because the record in the eye is confirmed by the history of the patient.
- (d) Because, under natural living and treatment, diseases long ago suppressed by drugs or knife reappear as healing crises.
- (e) Because, in these healing crises, drugs indicated by the signs in the iris of the eye are frequently eliminated under their own peculiar symptoms.
- (f) Because, to the extent that a drug is eliminated from the system by a healing crisis, its sign will disappear from the iris of the eye.

#### To illustrate:

- (a) The Diagnosis from the Eye reveals heavy quinine poisoning in the region of the brain.
- (b) This enables us to say to the patient, without questioning him, that he suffers from severe frontal headaches and ringing in the ears, that he is very irritable, and so

on through the various symptoms of quinine poisoning.

- (c) The history of the patient reveals the fact that he has taken large amounts of quinine for colds, la grippe or malaria.
- (d) Under our methods of natural living and treatment, the patient improves; the organism becomes more vigorous, and the organs of elimination act more freely; the latent poisons are stirred up in their hiding places; healing crises make their appearance. The processes of elimination thus inaugurated develop various symptoms of acute poisoning. The eliminating crises are accompanied by headaches, ringing in the ears, nasal catarrh, bone pains, neuritis, strong taste of quinine in the mouth, etc.
- (e) Every healing crisis, if naturally treated, diminishes the signs of disease and drug poisons in the eye.

